

2025 Fear the Pack Duals



January 4, 2025

Warm Springs Middle School is putting together a 10-team middle school dual tournament on January 4, 2025, run on three mats at Berkeley Springs High School (143 Concord Avenue, Berkeley Springs, WV). We are working to get middle school teams from WV, VA, and other locations for this event.

With the cost of officials in our area. The entry fee will be \$250 for the event, and each team will get 5 or 6 matches. A Team championship plaque and second place plaque will be awarded.

We will run the event on Track Wrestling and send out information closer to the tournament to enter your rosters.

Please confirm your interest with Darrell Bennett (head coach) at dwbennet@k12.wv.us or Jamie Harris at j.harris@k12.wv.us.

Admission: \$6.00

Concessions, including breakfast items and tee shirts, will be available.

Hospitality Room for Coaches, Officials, and Table Workers

WV Weights

Boys MS: 70 - 78 - 86 - 94 - 102 - 110 - 116 - 123 - 128 - 135 - 145 - 155 - 171 - 190 - 215 - 285

Weigh ins at 8:00 AM to 9:00 AM

Wrestling Starts between 9:30 AM and 10:00 AM

Teams Confirmed So Far:

1. Warm Springs (WV)
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Thank you.

Darrell Bennett and Jamie Harris